

Violet: 34.8°C –
Very relaxed

Blue: 34.2°C –
Calm

Turquoise: 33.7°C –
Relaxing

Green: 33.1°C –
Involved

Yellow: 32.6°C –
Unsettled

Amber: 32.0°C –
Tense

Black: 30.6°C –
Very Tense

